

# Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	MISO FISH 味噌鱼	Seasonal Green Vegetables 当季青菜	CHYE SIM + NGOH HIANG 菜心 + 炸五香条	BLACK BEAN SOUP 黑豆汤
DAY 2	CEREAL WHOLE PRAWN 麦片虾		SWEET CHILLI FRIED TOFU, PAPAYA SALAD 甜辣椒酱油炸豆腐·青木瓜沙拉	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 3	STEW CHICKEN BUTTON MUSHROOM 蘑菇炖鸡		CUCUMBER FRIED EGG 黄瓜炒蛋	ABC SOUP ABC汤
DAY 4	EGG FRITTATA CHILLI CRAB SAUCE 西式烤蛋配辣椒蟹酱		GINGER & ONION FISH 姜葱鱼	GINSENG HERBAL CHICKEN SOUP 人参鸡汤
DAY 5	NONYA STEAM FISH 娘惹蒸鱼		CHINESE ENDIVE (PAK CHOY) 炒九白	NONYA ITEK TIM 娘惹咸菜鸭汤
DAY 6	TOMATO SEAFOOD STEW 番茄炖海鲜		SHRIMP PASTE CHICKEN WING 虾酱鸡翅	HERBAL BAK KUT TEH (BLACK) 肉骨茶 (黑)
DAY 7	SWEET SOUR PINEAPPLE PORK COLLAR 酸甜菠萝猪颈肉		ROASTED MIX VEGETABLE + SPRING ROLL 烤时蔬菜 + 炸春卷	RADISH SOUP 白萝卜汤
DAY 8	FISH LAKSA 叻沙鱼		BBO SAUCE PORK 蜜汁烤猪	WALNUT, CARROT, PORK SOUP 核桃, 胡萝卜, 猪肉汤
DAY 9	EGG TOFU HOTPLATE STYLE 红烧杂锦豆腐		CELERY PRAWN 西芹炒虾仁	BLACK EYE PEA PORK SOUP 黑眼豆猪肉汤
DAY 10	SALMON GARLIC CREAM 烤三文鱼蜜汁蒜香奶油酱		SALTED BLACK BEAN SLICED PORK 豆豉猪肉片	WINTER MELON SOUP 冬瓜汤
DAY 11	STEAM EGG CRABMEAT 蒸鸡蛋蟹柳		THAI BABY KAILAN + SLICED PORK 小芥兰炒猪肉片	MARROW GOURD, PORK BALL 毛葫芦, 猪肉丸汤
DAY 12	TURMERIC FRIED FISH 黄姜炸鱼		BUTTER CHICKEN 印度牛油鸡	ABC SOUP ABC汤
DAY 13	BRAISED PORK COLLAR 红烧猪颈肉		PA BO CHOY + SLICED PORK 老婆菜炒猪肉片	WATER MELON & CUCUMBER SOUP 西瓜和黄瓜汤
DAY 14	FISH FINGER 炸鱼柳		GRILL HONEY CHICKEN CHOP 烤蜂蜜鸡排	HERBAL CHICKEN SOUP 药才鸡汤
DAY 15	BAKE FISH IN BBO SAUCE 烧烤酱烤鱼		CHYE SIM + NGOH HIANG 菜心 + 炸五香条	BLACK BEAN SOUP 黑豆汤
DAY 16	MALA SEAFOOD 麻辣海鲜		EGG TOFU, SEAFOOD CLAYPOT STYLE 红烧杂锦豆腐	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 17	"CHA SIEW" BAKED CHICKEN 沙茶酱烤鸡		CUCUMBER MUSHROOM EGG 黄瓜炒蛋	ABC SOUP ABC汤
DAY 18	EGG FRITTATA 西式烤蛋		SAMBAL FISH 桑巴鱼	GINSENG HERBAL CHICKEN SOUP 人参鸡汤
DAY 19	THAI LIME GARLIC LEMONGRASS FISH 泰国青柠大蒜柠檬草鱼		CHINESE ENDIVE (PAK CHOY) 炒九白	NONYA ITEK TIM 娘惹咸菜鸭汤
DAY 20	STIR FRY PRAWN SOYU 干香虾		SWEET CHILLI FRIED TOFU, PAPAYA SALAD 甜辣椒酱油炸豆腐·青木瓜沙拉	HERBAL BAK KUT TEH (BLACK) 肉骨茶 (黑)
DAY 21	CURRY YONG TAU FOO 咖喱酿豆腐		ROASTED MIX VEGETABLE + SPRING ROLL 烤时蔬菜 + 炸春卷	RADISH SOUP 白萝卜汤
DAY 22	FISH LAKSA 叻沙鱼		BRAISED PORK COLLAR 红昭焖猪肉	WALNUT, CARROT, PORK SOUP 核桃, 胡萝卜, 猪肉汤
DAY 23	SINGAPORE CHILI FISH 新加坡辣椒鱼		BABY KAILAN + FISH FINGER 小芥兰 + 鱼柳	BLACK EYE PEA PORK SOUP 黑眼豆猪肉汤
DAY 24	BAKE CHICKEN SATAY SAUCE 烤鸡肉沙爹酱		SWEET CHILLI SAUCE FRIED BEANCURD 甜辣椒酱炸豆腐	WINTER MELON SOUP 冬瓜汤
DAY 25	GOCHUJANG FRIED CHICKEN 韩式-甜辣酱炸鸡		BABY KAILAN + SLICED PORK 小芥兰炒猪肉片	MARROW GOURD, PORK BALL SOUP 毛葫芦, 猪肉丸汤
DAY 26	TURMERIC FRIED FISH 黄姜炸鱼		TOMATO MASALA CHICKEN 印度番茄鸡	ABC SOUP ABC汤
DAY 27	EGG TOFU SEAFOOD HOTPLATE STYLE 红烧杂锦豆腐		PA BO CHOY + SLICED PORK 老婆菜炒猪肉片	WATER MELON & CUCUMBER SOUP 西瓜和黄瓜汤
DAY 28	GRILL LEMONGRASS CHICKEN 香茅烤鸡		TEMPURA EBI 日式炸虾	HERBAL CHICKEN SOUP 药才鸡汤
DAY 29	FISH FRIED LEMON SAUCE 鱼炸柠檬酱		CHYE SIM + NGOH HIANG 菜心 + 炸五香条	BLACK BEAN SOUP 黑豆汤
DAY 30	PRAWN SINGAPORE CHILLI SAUCE 辣椒虾		EGG TOFU HOTPLATE STYLE 红烧杂锦豆腐	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 31	SALTED BLACK BEAN SLICED PORK 豆豉椒猪肉片		CUCUMBER MUSHROOM EGG 黄瓜炒蛋	ABC SOUP ABC汤

# Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	BRAISED CHICKEN 香菇焖鸡	Seasonal Green Vegetables 当季青菜	BABY KAILAN + SQUID 小芥兰鱿鱼	BLACK BEAN SOUP 黑豆汤
DAY 2	NAI BAI CAI + FISH FINGER 奶白菜 + 炸鱼柳		CHICKEN STEW 土豆诸侯焖鸡	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 3	GINGER & ONION SLICED PORK 姜葱猪肉片		LONG BEAN + FISH CAKE 长豆鱼饼	ABC SOUP ABC汤
DAY 4	PRAWN SAMBAL 参巴虾		STEAM CHICKEN 青姜蓉蒸鸡	GINSENG HERBAL CHICKEN SOUP 人参鸡汤
DAY 5	SOY PASTE "SAN BEI" SLICED PORK 三杯猪肉片		PA BO CHOY + SLICED PORK 老婆菜炒猪肉片	NONYA ITEK TIM 娘惹咸菜鸭汤
DAY 6	TURMERIC CURRY FRIED CHICKEN 黄姜咖喱炸鸡		SINGAPORE CHILI SALMON 辣三文鱼	HERBAL BAK KUT TEH (BLACK) 肉骨茶 (黑)
DAY 7	LEMONGRASS CHICKEN CHOP 香茅烤鸡		CUCUMBER EGG DRIED SHRIMP 黄瓜虾米炒鸡蛋	RADISH SOUP 白萝卜汤
DAY 8	BABY KAILAN + NGOH HIANG 小芥兰 + 五香条		STEAM CHICKEN 香菇腊肠蒸鸡	WALNUT, CARROT, PORK SOUP 核桃, 胡萝卜, 猪肉汤
DAY 9	MISO BAKED FISH 味噌鱼		NAI BAI CAI + FISH FINGER 奶白菜 + 炸鱼条	BLACK EYE PEA PORK SOUP 黑眼豆猪肉汤
DAY 10	BAKED SUN DRIED TOMATO FISH 烤番茄鱼		HONEY PEPPER SLICED PORK 蜜椒猪肉片	WINTER MELON SOUP 冬瓜汤
DAY 11	CHICKEN CURRY 咖喱鸡		GYOZA 炸饺子	MARROW GOURD, PORK BALL 毛葫芦, 猪肉丸汤
DAY 12	BAKED FISH 蔬菜汁烤鱼		STEAM SLICED PORK 香菇蒸猪肉片	ABC SOUP ABC汤
DAY 13	CHICKEN STEW 土豆, 萝卜焖鸡		CHYE SIM+ SLICED PORK 菜心猪肉片	WATER MELON & CUCUMBER SOUP 西瓜和黄瓜汤
DAY 14	EGG TOFU CLAYPOT STYLE 蛋豆腐砂锅款		SATAY CHICKEN 沙爹酱烤鸡	HERBAL CHICKEN SOUP 药才鸡汤
DAY 15	BRAISED FUNGUS CHICKEN 红昭木耳焖鸡		BABY KAILAN + SQUID 小芥兰鱿鱼	BLACK BEAN SOUP 黑豆汤
DAY 16	NAI BAI CAI + FISH FINGER 奶白菜 + 炸鱼柳		SALMON ROASTED VEGETABLE 烤三文鱼蜜汁芥末酱伴烤时蔬	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 17	STEAM SLICED PORK 蒸猪肉片		LONG BEAN + FISH CAKE 长豆鱼饼	ABC SOUP ABC汤
DAY 18	SHRIMP PASTE CHICKEN WING 虾酱鸡		CREAMY GARLIC CHICKEN 酸甜鸡丁豆腐	GINSENG HERBAL CHICKEN SOUP 人参鸡汤
DAY 19	EGG TOFU, SEAFOOD HOTPLATE STYLE 红烧杂锦蛋豆腐		PA BO CHOY + SLICED PORK 老婆菜炒猪肉片	NONYA ITEK TIM 娘惹咸菜鸭汤
DAY 20	OVEN BAKE CHEESE EGG 奶酪烘蛋		FRIED GARLIC CHICKEN 蒜香炸鸡	HERBAL BAK KUT TEH (BLACK) 肉骨茶 (黑)
DAY 21	LEMONGRASS CHICKEN CHOP 香茅烤鸡		CUCUMBER EGG DRIED SHRIMP 黄瓜虾米炒鸡蛋	RADISH SOUP 白萝卜汤
DAY 22	SINGAPORE CHILI CLAM 辣椒蛤蜊		STEAM CHICKEN 香菇腊肠蒸鸡	WALNUT, CARROT, PORK SOUP 核桃, 胡萝卜, 猪肉汤
DAY 23	ASSAM FISH 阿萨鱼		BROCCOLI WITH ROASTED GARLIC 西兰花烤蒜	BLACK EYE PEA PORK SOUP 黑眼豆猪肉汤
DAY 24	SAMBAL PRAWN 参巴虾		BAKED FISH 蔬菜汁烤鱼	WINTER MELON SOUP 冬瓜汤
DAY 25	CHICKEN STEW 土豆, 胡萝卜, 炖鸡		CELERY PRAWN 西芹炒虾仁	MARROW GOURD, PORK BALL SOUP 毛葫芦, 猪肉丸汤
DAY 26	CUCUMBER EGG DRIED SHRIMP 黄瓜虾米炒蛋		STEAM SLICED PORK 蒸猪肉片	ABC SOUP ABC汤
DAY 27	TOMATO CHICKEN STEW 番茄炖鸡		CHYE SIM + SLICED PORK 菜心猪肉片	WATER MELON & CUCUMBER SOUP 西瓜和黄瓜汤
DAY 28	EGG TOFU, SEAFOOD CLAYPOT STYLE 红烧杂锦蛋豆腐		CUMIN SPICES SLICED PORK 孜然猪肉片	HERBAL CHICKEN SOUP 药才鸡汤
DAY 29	BRAISED CHICKEN 腊肠, 蘑菇, 蒸鸡		BABY KAILAN + SQUID 小芥兰鱿鱼	BLACK BEAN SOUP 黑豆汤
DAY 30	NAI BAI CAI + FISH FINGER 奶白菜 + 鱼柳		FERMENT BEAN CURD FRIED PORK 南乳炸猪肉	LOTUS ROOT, PEANUT SOUP 莲藕, 花生汤
DAY 31	GINGER & ONION SLICED PORK 姜葱猪肉片		LONG BEAN + FISH CAKE 长豆鱼饼	ABC SOUP ABC汤