



Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	Steamed Chicken with Ginger Wine 姜酒蒸鸡	Seasonal Green Vegetables 当季青菜	Seafood Tofu 海鲜豆腐	White Radish Soup 白萝卜汤
DAY 2	Sweet & Sour Fish 酸甜鱼		Stir-fried Lala Clams with Wine 醉酒啦啦	老黄瓜汤 Old Cucumber Soup
DAY 3	Black Vinegar Pork Trotters 猪脚醋		Steamed Egg with Preserved Vegetables 菜脯蒸蛋	冬瓜汤 Wintermelon soup
DAY 4	Prawn Paste Chicken 虾酱鸡		Braised Beancurd with Minced Pork 肉碎豆腐	ABC 排骨汤 ABC Soup
DAY 5	Stir Fried Honey Prawn 蜜汁虾		Stir-fried Diced Chicken with Mix Capsicum 三椒炒鸡丁	黑豆汤 Blackbean Soup
DAY 6	Braised Pork Belly with Yam 芋头卤三层肉		Steamed Egg with Mix Mushroom 什菇蒸蛋	四川菜汤 Sichuan Vegetable Soup
DAY 7	HK Style Steam Fish 港蒸鱼片		Hakka Yong Tau Fu 酿豆腐	花生汤 Peanut Soup
DAY 8	Braised Duck with Bean Paste 豆酱焖鸭		Stir-fried Shrimp with Potato 虾仁马铃薯	玉米汤 Sweet Corn Soup
DAY 9	Mongolian Style Pork Chop 蒙古猪扒		Ginger Fried Lala Clams 姜丝啦啦	药材汤 Herbal Soup
DAY 10	Stir Fried Pork Slices with Mix Bell Peppes 三椒肉片		Osmanthus Egg 桂花炒蛋	莲藕汤 Lotus Root Soup
DAY 11	Honey Roast Chicken 蜜汁烤鸡		Fried Shrimp with Ketchup Sauce 番茄炸虾仁	老黄瓜汤 Old Cucumber Soup
DAY 12	Fried Prawn with Ginger & Spring Onion 姜葱虾		Stir-fried Minced Pork with Pumpkin 肉碎金瓜	肉骨茶 Bak Kut Teh
DAY 13	Braised Pork Trotters with Peanuts 花生卤猪脚		Steamed Beancurd with Shrimp 虾仁蒸豆腐	玉米萝卜汤 ABC Soup
DAY 14	Herbal Steamed Fish Slice 药材蒸鱼片		Braised Chicken with Potato 马铃薯焖鸡	银耳苹果汤 White Fungus & Apple Soup
DAY 15	Grilled Chicken with BBQ Pork Sauce 叉烧汁烤鸡		Steamed Dual Egg 蒸双蛋	白萝卜汤 White Radish Soup
DAY 16	Steamed Minced Pork with Olive Vegetable 橄榄菜蒸肉饼		Ginger Sauce Fried Lala Clam 姜蓉啦啦	冬瓜汤 Wintermelon soup
DAY 17	Cereal Oat Fish Fillet 麦片鱼		Omelette Egg with Leek 北葱炒蛋	ABC 排骨汤 ABC Soup
DAY 18	Steamed Minced Pork with Mushroom 冬菇丝蒸肉饼		Braised Tofu with Tomato 番茄焖豆腐	四川菜汤 Sichuan Vegetable Soup
DAY 19	Salted Egg Shrimp 咸蛋虾		Fried Wonton with Sweet Sour Sauce 酸甜炸云吞	花生汤 Peanut Soup
DAY 20	Sesame Chicken Shan 芝麻鸡小腿		Stir Fried Beancurd with Celery 西芹炒豆腐	霸王花汤 Night Blooming Cereus Soup
DAY 21	Fried Chicken with Lemon Sauce 柠檬鸡		Braised Egg 卤鸡蛋	ABC 排骨汤 ABC Soup
DAY 22	Stir-fried Prawn with Bean Paste 豆酱虾		Tomato Baked Beans with Potato 茄汁豆马铃薯	药材汤 Herbal Soup
DAY 23	Braised Pork Trotters 卤猪脚		Enoki Mushroom Dumpling 金针菇饺子	黑豆汤 Blackbean Soup
DAY 24	Deep Fried Prawn with Thousand Island Sauce 千岛炸虾球		Stir-fried Fish Cake with Celery 西芹炒鱼饼	肉骨茶 Bak Kut Teh
DAY 25	Fried Fermented Beancurd Pork 南乳炸肉		Steamed Egg with Crab Stick 蟹粒蒸蛋	银耳苹果汤 White Fungus & Apple Soup
DAY 26	Sweet & Sour Pork 排骨王		Fried Lala with Bean Paste 豆酱炒啦啦	冬瓜汤 Wintermelon soup
DAY 27	Pandan Chicken 斑斓鸡		Sweet & Sour Fish Ba 酸甜鱼丸	老黄瓜汤 Old Cucumber Soup
DAY 28	Japanese Grilled Chicken Chop 日式烤鸡扒		Scrambled Eggs with Onion 大葱炒蛋	黑豆花生汤 Black Bean & Peanut Soup
DAY 29	Braised Pork Belly with Soy Sauce 豆豉卤三层肉		Fried Lala Clams with Mix Bell Peppers 三椒啦啦	ABC 排骨汤 ABC Soup
DAY 30	Fried Fish Fillet with Orange Sauce 橙汁鱼		Braised Potato with Minced Pork 肉碎马铃薯	玉米汤 Sweet Corn Soup
DAY 31	Stewed Ginger Duck 姜母鸭		Sweet & Sour Sausage 酸甜香肠	霸王花鸡汤 Night Blooming Cereus Soup

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Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	麻油鸡 Sesame Chicken	Seasonal Green Vegetables 当季青菜	番茄炒蛋 Scrambled Eggs with Tomatoes	White Radish Soup 白萝卜汤
DAY 2	姜蓉虾 Steamed Shrimp with Ginger Sauce		卤豆干豆卜 Braised Beancurd & Tofu Puff	老黄瓜汤 Old Cucumber Soup
DAY 3	四川菜肉丝 Stir Fried Preserved Vege with Shredded Pork		塔塔酱鸡柳 Fried Nugget with Tar-tar Sauce	冬瓜汤 Wintermelon soup
DAY 4	姜葱鱼 Stir-fried Fish Fillet with Ginger Spring Onion		叁巴蛋 Sambal Egg	ABC 排骨汤 ABC Soup
DAY 5	冬菇肉片 Braised Pork with Mushroom		菜脯蒸豆腐 Steamed Beancurd with Preserved Vege	黑豆汤 Blackbean Soup
DAY 6	柠檬烤鸡 Baked Chicken with Lemon Sauce		日式鱼丸 Japanese Style Fishball	四川菜汤 Sichuan Vegetable Soup
DAY 7	泰式肉碎 Thai Style Minced Pork		菜脯炒鸡蛋 Scrambled Egg with Preserved Vege	花生汤 Peanut Soup
DAY 8	药材蒸鸡 Steamed Chicken with Herbal		什菜焖豆腐 Stew Beancurd with Mix Vegetables	玉米汤 Sweet Corn Soup
DAY 9	番茄鱼片 Fish Fillet with Tomato Sauce		酸甜紫菜鸡 Fried Seaweed Chicken with Sweet Sour Sauce	药材汤 Herbal Soup
DAY 10	药材卤三层肉 Braised Pork Belly with Herbal		焖什菇 Stewed Mix Mushroom	莲藕汤 Lotus Root Soup
DAY 11	宫保鱼 Gong Pao Fish		北葱焖豆腐 Braised Beancurd with Leek	老黄瓜汤 Old Cucumber Soup
DAY 12	蒙古炸鸡 Mongolian Style Fried Chicken		日式鸡蛋 Japanese Style Egg	肉骨茶 Bak Kut Teh
DAY 13	姜酒虾 Steamed Prawn with Ginger Wine		茄汁豆香肠 Tomato Baked Bean with Sausage	玉米萝卜汤 ABC Soup
DAY 14	蜜汁炸鸡中翅 Honey Fried Chicken Wings		九层塔炒蛋 Scrambled Egg with Basil Leaves	银耳苹果汤 White Fungus & Apple Soup
DAY 15	花生卤三层肉 Braised Pork Belly with Peanut		茄汁虾 Fried Prawn with Ketchup Sauce	白萝卜汤 White Radish Soup
DAY 16	泰式烧鸡 Thai Style Roasted Chicken		三椒焖豆腐 Stewed Beancurd with Mix Capsicum	冬瓜汤 Wintermelon soup
DAY 17	咸菜肉片 Stir-fried Pork with Pickle		什菇虾仁 Stir-fried Mix Mushroom with Shrimp	ABC 排骨汤 ABC Soup
DAY 18	酸甜鸡 Fried Chicken with Sweet Sour Sauce		上汤饺子 Dumpling Soup	四川菜汤 Sichuan Vegetable Soup
DAY 19	什菇蒸鱼 Steamed Fish with Mix Mushroom		蟹粒炒蛋 Scrambled Egg with Crab Stick	花生汤 Peanut Soup
DAY 20	姜丝炒肉片 Stir-fried Pork Slice with Ginger		什菜焖豆腐 Stew Beancurd with Mix Vegetables	霸王花汤 Night Blooming Cereus Soup
DAY 21	咸蛋鱼 Salted Egg Fish		豆枝虾仁 Fried Beancurd with Shrimp Filling	ABC 排骨汤 ABC Soup
DAY 22	橙汁猪扒 Fried Pork Chop with Orange Sauce		姜酒啦啦 Fried Lala Clams with Ginger Wine	药材汤 Herbal Soup
DAY 23	梅菜蒸鸡 Steamed Chicken with Preserved Vege		豆角炒蛋 Fried Egg with Long Beans	黑豆汤 Blackbean Soup
DAY 24	咕咾肉 Sweet & Sour Pork		红烧豆腐 Braised Beancurd	肉骨茶 Bak Kut Teh
DAY 25	麦片鱼 Cereal Oat Fish		姜葱啦啦 Fried Lala Clams with Ginger & Spring Onion	银耳苹果汤 White Fungus & Apple Soup
DAY 26	冬菇焖鸡 Braised Chicken with Mushroom		北葱焖豆腐 Braised Beancurd with Leek	冬瓜汤 Wintermelon soup
DAY 27	姜蓉蒸鱼 Steamed fish with Ginger Sauce		泰式豆腐 Thai Style Fried Tofu	老黄瓜汤 Old Cucumber Soup
DAY 28	麦片虾 Cereal Oat Shrimp		西芹炒鸡丁 Stir-fried Diced Chicken with Celery	黑豆花生汤 Black Bean & Peanut Soup
DAY 29	酸甜鸡 Fried Chicken with Sweet Sour Sauce		蒸水蛋 Steamed Egg	ABC 排骨汤 ABC Soup
DAY 30	姜葱肉片 Stir-fried Pork Slice with Ginger & Spring Onion		卤花生豆枝 Braised Peanuts & Beancurd Skin	玉米汤 Sweet Corn Soup
DAY 31	金针菇蒸鱼 Steamed Fish with Enoki Mushroom		西芹炒虾仁 Stir-fried Celery with Shrimp	霸王花鸡汤 Night Blooming Cereus Soup

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