

Daily Lunch Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	Taiwanese San Bei Chicken 三杯鸡丁	Seasonal Green Vegetables 当季青菜	Preserved Radish With Handmade Omega 3 Tofu 菜圃蒸手工豆腐	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 2	Sweet & Sour Chicken 酸甜鸡		Mapo Tofu 麻婆豆腐	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 3	Sweet & Sour Pork 咕佬肉		Laksa Yong Tau Fu 叻沙酿豆腐	Herbal Chicken Soup 药材鸡汤
DAY 4	Sesame Oil Chicken 麻油鸡		Golden Fried Ngho Hiang 炸五香	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 5	Baked Salmon with Teriyaki Sauce 照烧三文鱼		Stir Fry Pork Slice with Shimeiji Mushroom 香菇炒肉片	Blackbean Chicken Soup 黑豆鸡汤
DAY 6	Steam Fish with Black Bean Sauce 豆豉蒸鱼		Golden Fried Seaweed Chicken 炸紫菜鸡	Wintermelon Sweet Corn Pork Ribs soup 冬瓜玉米排骨汤
DAY 7	Nyonya Curry Chicken 娘惹咖喱鸡		Omega-3 egg Tofu with Mince Pork & Mushrooms 蘑菇肉碎蛋豆腐	Pork tripe Soup with White Pepper 胡椒猪肚汤
DAY 8	Black Pepper Chicken 黑胡椒鸡扒		Fried Onion Egg 大葱煎蛋	ABC Soup 玉米萝卜排骨汤
DAY 9	Grandma Braised Duck with Egg 家乡卤鸭		Braised Egg And Tau Kwa With Peanuts 卤豆干花生	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 10	Paper Wrapped Chicken 纸包鸡		Tofu with Shrimp 虾仁豆腐	Blackbean Chicken soup 滋补黑豆鸡汤
DAY 11	Sweet & Sour Fish Fillet 酸甜鱼片		Soy Sauce Chicken with Abalone Mushroom 杏鲍菇豉油鸡	Bak Kut Teh 肉骨茶
DAY 12	Braised Duck 卤鸭		Fried Spring Roll 炸春卷	Trio Bean Pork Ribs Soup 三豆排骨汤
DAY 13	Gong Bao Chicken 宫保鸡丁		Spicy Szechuan Vegetables with Shredded Pork 四川菜炒肉丝	Lotus Peanut Pork Ribs Soup 莲藕花生排骨汤
DAY 14	Onion Chicken 洋葱鸡		Cereal Beancurd 麦片豆腐	Apple Snowpear Soup 苹果雪梨排骨汤
DAY 15	Teochew Style Steam Fish With Tofu 潮州蒸鱼		Three Style Egg With Tofu 三蛋豆腐	ABC Chicken Soup ABC 鸡汤
DAY 16	Homemade Braised Pork 家常卤肉		Salted Egg Mid Wing 咸蛋鸡翅	Black Bean Soup 黑豆汤
DAY 17	Rendang Chicken 慢炖仁当鸡		Satay Tofu 沙爹豆腐	Sweet Corn Carrot Chicken Soupp 玉米红萝卜鸡汤
DAY 18	Golden Fried Chicken with Lemon Sauce 柠檬鸡扒		Preserved Radish Egg 菜圃蛋	Carrot Radish PorkRibs Soup 双白红萝卜排骨汤
DAY 19	Salted Egg Pork Ribs 咸蛋排骨		Mushroom With Prawn Ball 野菌虾球	ABC Chicken Soup ABC 鸡汤
DAY 20	Stir Fried Chicken with Trio Capsicum 鸡肉炒三色椒		Sausage with French Fries in Tomato Paste 番茄炒香肠铃茶	Herbal Bak Kut Teh 药炖肉骨茶
DAY 21	Plum Sauce Chicken Steak 梅酱鸡扒		Stir Fry Lotus Root With Minced Meat 莲藕炒三丝	Wintermelon Red Dates Pork Ribs soup 冬瓜红枣排骨汤
DAY 22	Roasted Chicken 烧鸡		Sweet & Sour Fishball 酸甜鱼丸	Blackbean Chicken soup 滋补黑豆鸡汤
DAY 23	Braised Duck With Tender Ginger 子姜焖鸭		Steam Egg with Mushroom 菌菇蒸蛋	Old Cucumber Pork Ribs Soup 老黄瓜汤
DAY 24	Stir-fried Huai Shan with Shredded Pork 淮山炒肉丝		Breaded Scallop 炸带子	Bak Kut Teh 肉骨茶
DAY 25	Braised Pork Slice With Shiitake Mushroom 香菇焖肉片		Thai Style Pandan Chicken 班兰鸡	Corn And Radish Pork Ribs Soup 玉米萝卜排骨汤
DAY 26	Sardine Fish with Onion 大葱沙丁鱼		Stir Fried Minced Pork with Potato Cubes 猪肉碎炒土豆丁	Herbal Chicken Soup 药材鸡汤
DAY 27	HK Style Steam Fish 港蒸鲜鱼		Stir Fry Pork With Sesame Oil 麻油炒猪肉	Old cucumber Pork Ribs Soup 老黄瓜汤
DAY 28	Stir-fried Pork with Spring Onion & Ginger 姜丝肉片		Golden Fried Shrimp 炸面包虾	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 29	Tomato Sauce Prawn 茄汁虾		Soya Sauce Chicken With Abalone Mushroom 杏鲍菇豉油鸡	ABC Soup ABC 排骨汤
DAY 30	Stir-fried Pork Slices with Black Fungus 木耳炒猪肉		Potato with Tomato Baked Bean 马铃薯炒番茄豆	Liuwei chicken Soup 六味鸡汤
DAY 31	Taiwanese San Bei Chicken 三杯鸡丁		Egg Tofu with Preserved Radish 菜圃蛋豆腐	Chinese Yam Chicken Soup 山药鸡汤

Daily Dinner Menu

	Dish 1	Dish 2	Dish 3	Soup
DAY 1	Sour Cabbage Fish Fillet 外婆酸菜鱼片	Seasonal Green Vegetables 当季青菜	Stir-fried Pork Slice With Garlic 蒜花炒肉片	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 2	Cereal Oat Fish Fillet 麦片鱼片		Stir Fried Potato with Sausage 土豆炒香肠	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 3	Braised Chicken With Shiitake Mushroom & Black Fungus 黑木耳香菇炖鸡肉		Handmade Seafood Beancurd With Scrambled Egg 滑蛋海鲜豆腐	Herbal Chicken Soup 药材鸡汤
DAY 4	Assam Fish 亚答蒸鱼		Braised Beancurd 红烧豆腐	Old Cucumber Pork Ribs Soup 老黄瓜排骨汤
DAY 5	Gong Bao Chicken 宫保鸡丁		Homemade Smoke Duck with Lobster Sauce 豆豉黑鸭	Blackbean Chicken Soup 黑豆鸡汤
DAY 6	Curry Chicken 咖喱鸡		Tomato Fried Omelette 番茄炒蛋	Wintermelon Sweet Corn Pork Ribs soup 冬瓜玉米排骨汤
DAY 7	Pan Fried Prawn With Homemade Sauce 豉油王煎蜆		Stir Fried Onion Ginger with Pork Slice 姜葱炒肉片	Pork tripe Soup with White Pepper 胡椒猪肚汤
DAY 8	Sweet & Sour Fish 酸甜鱼		Fried Wonton 炸云吞	ABC Soup 玉米萝卜排骨汤
DAY 9	Lemon Chicken Chop 柠檬鸡扒		Minced Pork Dried Tofu With Mushrooms 肉碎豆干粒烩菌菇	Chinese Yam and White Fungus Chicken Soup 山药银耳鸡汤
DAY 10	HK Style Steamed Fish 港式蒸鱼		Braised Beancurd with Tau Kee 卤豆腐闷腐竹	Blackbean Chicken soup 滋补黑豆鸡汤
DAY 11	Hometown Potato Curry Chicken 家乡土豆咖喱鸡		Nan Ru Chicken Wing 南乳鸡翼	Bak Kut Teh 肉骨茶
DAY 12	Salted Egg Fish 咸蛋鱼		Pandan Chicken 斑斓鸡	Trio Bean Pork Ribs Soup 三豆排骨汤
DAY 13	Preserved Vegetable Fish 回味咸菜鱼		Fried Brinjal with Floss 肉松茄子	Lotus Peanut Pork Ribs Soup 莲藕花生排骨汤
DAY 14	Coffee Pork 咖啡猪肉		Bitter Gourd Egg 苦瓜炒蛋	Apple Snowpear Soup 苹果雪梨排骨汤
DAY 15	Lemon Chicken Chop 柠檬鸡扒		Hakka style Stuffed Beancurd 客家酿豆腐	ABC Chicken Soup ABC 鸡汤
DAY 16	Braised Chicken with Mushroom 杏鲍菇炖鸡		Onion Omelette 洋葱炒蛋	Black Bean Ribs soup 黑豆汤
DAY 17	Premium Pork Ribs 排骨王		Roasted Chicken Chop 秘制烤鸡扒	Sweet Corn Carrot Chicken Soup 玉米红萝卜汤
DAY 18	Steamed Fish with Black Bean Sauce 豆豉蒸鱼		Sambal Egg 叁巴蛋	Carrot Radish Pork Ribs Soup 双白红萝卜排骨汤
DAY 19	Sweet & Sour Fish Fillet 酸甜鱼片		Pandan Chicken 班兰鸡	ABC Chicken Soup ABC 鸡汤
DAY 20	Crispy Fried Fish in Ginger Sauce 姜汁炸鱼		Braised Beancurd with Mixed Vegetable 焖杂菜豆腐	Herbal Bak Kut Teh 药炖肉骨茶
DAY 21	Chye Pu Radish fish 菜圃蒸鱼		Sliver Fish With Scrambled Egg 辣炒银鱼仔滑蛋	Wintermelon Red Dates Pork Ribs soup 冬瓜红枣排骨汤
DAY 22	Chaipo Steamed Fish 菜铺蒸鱼		Mapo Tofu 麻婆豆腐	Blackbean Chicken soup 滋补黑豆鸡汤
DAY 23	Thai Style Minced Meat 泰式炒肉碎		Honey Baked Mid Wing 蜜汁烤中翅	Old Cucumber Pork Ribs Soup 老黄瓜汤
DAY 24	Steamed Chicken with Ginger & Wolfberries 枸杞姜蒸鸡		Golden Fried Chicken Nugget 炸肌肉块	Bak Kut Teh 肉骨茶
DAY 25	Wax Gourd Fired Pork 冬瓜肉丁		Cereal Oat Shrimp 麦片虾	Corn And Radish Pork Ribs Soup 玉米萝卜排骨汤
DAY 26	Braised Mustard Greens with Roast Pork 焖烧肉菜尾		Steamed Beancurd with Crab Bites 蟹肉蒸豆腐	Herbal Chicken Soup 药材鸡汤
DAY 27	Marmite Chicken Chop 妈蜜鸡扒		Sweet & Sour Potato Slice 糖醋土豆片	Old cucumber Pork Ribs Soup 老黄瓜汤
DAY 28	Poached hainanese White Chicken 海南鸡		Golden Fried Luncheon Meat 炸午餐肉	Watercress Pork Ribs Soup 西洋菜排骨汤
DAY 29	Black Vinegar Pork Trotters 猪脚醋		Three Shreds Fried Egg 三丝炒蛋	ABC Soup ABC 排骨汤
DAY 30	Teriyaki Chicken 日式烤鸡		Braised Beancurd with Mixed Vegetable 红烧豆腐配三色豆	Liuwei chicken Soup 六味鸡汤
DAY 31	Sichuan Style Fish Fillet 酸菜鱼		Stir fried Hairy Gourd 毛瓜炒丝	Chinese Yam Chicken Soup 山药鸡汤